

# E-Brief

Excellence, Innovation, Teamwork, Integrity, Action-Oriented

Friday, October 5, 2018



**Firefighter-Paramedic Jason Webb** recently completed the extensive training and certification process to become a **Child Passenger Safety Technician Lead Instructor**. Jason has been a CPS Technician for the department since 2010, and a Senior Technician (Tech Proxy) since 2016. As a Lead Instructor, he will be able to certify new technicians and recertify current technicians. According to **Franklin Police**, there were 2,477 vehicle collisions in Franklin last year (with or without injury). The **Franklin Fire Department** responded to 543 of those. With these numbers, it's easy to see the importance of a Child Passenger Safety Seat Program and Jason's leadership role in this area. Congratulations and thank you, Jason!

## UNITED WAY - FULL TUMMIES, WARM HEARTS

Each year, there are numerous families in Williamson County who do not anticipate the holidays with joy because they do not have the means to serve or enjoy a traditional Thanksgiving meal. For some families, it will just be more days they struggle with hunger.

### HOW CAN YOU HELP?

You can individually sponsor a family or families. Or you can gather your friends, co-workers, church group or neighbors to sponsor a family or families. Last year 860 families (3,564 individuals) had food for the Thanksgiving holiday. Food and gift cards are delivered to the Williamson County Schools and United Way partner agencies the week before Thanksgiving by volunteer drivers. The **Administration Department** has joined in

this effort. If you or your department would like to join in, please contact **Vicki Parr (x6605) for more information.**

### **Reminder on HR Updates:**

It's time for another **WALKING CHALLENGE!** The challenge will start 10/8 and will extend through 11/11! To participate, reach out to your favorite coworkers and come up with a team name. Next, let Brittney Lindsey know who all is on your team and your team name by 10/5. Then, walk your heart out 10/8 – 11/11! Track your steps and turn in the team's previous week steps on Monday mornings. The team with the most steps at the end of the challenge wins! Are you up for the challenge of better health this fall?

Human Resources will have the annual **Pink Pancake Breakfast** on 10/10! They will have one breakfast at City Hall and one at Public Works. The City Hall breakfast will be in the Training Room from 7:30am – 9am. The breakfast at Public Works will be in the cafeteria from 6:00am – 7:30am. Donations will be accepted for the Susan G. Komen Foundation.

Everyone is invited on **10/19 at 11:30am** for our **Breast Cancer Awareness Walk** with **Mayor Moore!** We will start the walk outside of City Hall. Just like last year, we will accept donations for the **American Cancer Society's Breast Cancer Awareness Division**, but this year we will have lots of fun giveaways! We will also have a representative with us from the **American Cancer Society** and will be inviting others from community. At the end of the walk, we will serve pink lemonade for all that attend. Please come out and enjoy this event with us!

The 5-week **Prudential Financial Wellness** series kicked off last week! The sessions are in the City Hall Training Room on Tuesdays from 11:30am – 12:30pm. Sign up with this link: [Register Now!](#)

Note: If you cannot make all sessions please let HR know as lunch will be served.

We have **group fitness classes** on Tuesdays at 5:30pm in the City Hall Training Room. These classes are a combination of cardio and weight training. Classes are modified to meet all levels of fitness. The last class of this series will be on 10/23.

We still have **yoga** on Fridays at 12pm. Please let HR know if you are interested.

On Saturday, October 6, the **Tree Commission** is hosting an **Urban Birding Hike**. The event will begin at 8:30 a.m. and go through 10:30 a.m. and will happen at Aspen Grove Parkside. This is the first in a series of hikes to explore Franklin's green spaces. The group will be looking for birds migrating south, and maybe spot some early winter residents. The hike is appropriate for ages 12 and older and will be led by Susan Bradfield. The event is free.